MEET THE VACCINES:
Helping You Stay Healthy
Why do I need two?
I don't feel sick.

What do vaccines do?

Why do I need a vaccine?
Let’s pretend we can go inside your body and see what’s going on.

Close your eyes and imagine you’re getting smaller and smaller and smaller...
In your blood there are little helpers that make your body work. Some of them help out when you get sick!

What makes us sick?
What do you know?
What have you heard?
When germs get into your body, your HELPERS protect you!
Some germs can be harder to stop.

Even your helpers need a little help.
Your helpers need to learn how to protect you from these germs.

What do we do when we want to learn something new?
Your helpers need something called a VACCINE to help them learn.
They need vaccines when you’re not sick, so they have more time to learn.
Different vaccines help them learn to protect YOU from different germs.
Let’s look at this germ.

Which vaccine do you think will teach our helpers to stop it?
What about this one?

Great job! Time to head back out of your body...
Close your eyes and pretend you’re getting bigger and bigger and bigger!
The next time you need a vaccine, remember your body is learning new things to keep you healthy!

Did you learn something new today too? Give yourself a pat on the back!
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Pictures by Barb Chotiner

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